

# I Bruise Easily

25

Words and Music by Natasha Bedingfield, Andrew Frampton, Wayne Wilkins and Paul Herman

♩ = 63

Cmaj7 Em Em(9) Cmaj7

Oh,

This system contains the first three measures of the song. It features a vocal line starting with a whole rest followed by a melodic phrase. The piano accompaniment consists of a steady eighth-note bass line and a treble line with chords and moving lines. Chords are indicated above the staff: Cmaj7, Em, Em(9), and Cmaj7.

Em Em(9) Cmaj7 Em Em(9)

yeah... My skin is like a map of where my heart has been, and...

This system contains measures 4 through 8. The vocal line continues with the lyrics. The piano accompaniment maintains the same rhythmic pattern. Chords are indicated above the staff: Em, Em(9), Cmaj7, Em, and Em(9).

Cmaj7 Em Em(9)

I can't hide the marks... but it's not a negative thing. So I'll let down my

This system contains measures 9 through 12. The vocal line concludes the phrase. The piano accompaniment continues. Chords are indicated above the staff: Cmaj7, Em, and Em(9).

Am<sup>9</sup> Em Bm<sup>7</sup>

guard, drop my de - fen - ces down by my clothes. I'm learn - ing to

The first system of music features a vocal line in treble clef and piano accompaniment in grand staff. The key signature has one sharp (F#). The vocal line begins with a triplet of eighth notes on the word 'guard', followed by a quarter note 'drop', another triplet of eighth notes on 'de - fen - ces', a quarter note 'down', a quarter note 'by', a quarter note 'my', a quarter note 'clothes.', a quarter rest, a quarter note 'I'm', a quarter note 'learn - ing', and a quarter note 'to'. The piano accompaniment consists of a steady eighth-note bass line and chords in the right hand.

Am<sup>9</sup> Em Bm<sup>7</sup>

fall with no safe - ty net to cush - ion the blow. I bruise

The second system continues the vocal line and piano accompaniment. The vocal line has a quarter note 'fall', a quarter note 'with', a quarter note 'no', a quarter note 'safe - ty', a quarter note 'net', a quarter note 'to', a quarter note 'cush - ion', a quarter note 'the', a quarter note 'blow.', a quarter note 'I', and a quarter note 'bruise'. The piano accompaniment maintains the same rhythmic pattern.

Cmaj<sup>7</sup> Em<sup>(add9)</sup>

cas - i - ly so be gen - tle when you han - dle me. There's a

The third system introduces a new chord progression. The vocal line starts with a quarter note 'cas - i - ly', a quarter note 'so', a quarter note 'be', a quarter note 'gen - tle', a quarter note 'when', a quarter note 'you', a quarter note 'han - dle', a quarter note 'me.', a quarter note 'There's', and a quarter note 'a'. The piano accompaniment features a more active right hand with chords and moving lines.

Cmaj<sup>7</sup> Em<sup>(add9)</sup>

mark you leave like a love heart carved on a tree. I bruise

The fourth system continues with the same chord progression. The vocal line has a quarter note 'mark', a quarter note 'you', a quarter note 'leave', a quarter note 'like', a quarter note 'a', a quarter note 'love', a quarter note 'heart', a quarter note 'carved', a quarter note 'on', a quarter note 'a', a quarter note 'tree.', a quarter note 'I', and a quarter note 'bruise'. The piano accompaniment continues with its complex texture.

Cmaj<sup>7</sup> Em<sup>10000</sup>

easy - ly, can't scratch the sur - face with - out mov - ing me. Un - der - neath I

To Coda ♪ 1.

2.

Cmaj<sup>7</sup> Em<sup>10000</sup> Em Em<sup>10000</sup>

bruise eas - i - ly. I bruise eas - i - ly. Yeah, eas - i - ly.

Bm Am<sup>7</sup>

An - y - one who can touch you can hurt you or heal you.

Bm Am<sup>7</sup> Cmaj<sup>7</sup>

An - y - one who can reach you can love you or leave you. So be gen - tle.

Em(x333) Cmaj7 Em(x333)

So be gen - tle...

Cmaj7 Em(x333) Cmaj7

So be gen - tle. Woah...

*D.S. al Coda*

Em

I bruise

*Coda*

Em Em(x333)

eas - i - ly... I bruise

Cmaj7 Em(x333) Cmaj7

eas - i - ly... so be gen - tle when you han - dle me... There's a mark you leave like a love heart carved

Em(x002) Cmaj7 Em(x002)

on a tree... I bruise eas - i - ly, can't scratch the sur - face with - out mov - ing me... Un - der - neath... I

Cmaj7 Em Em(x002) Cmaj7

bruise eas - i - ly. I bruise... eas - i - ly. Yeah... I bruise...

Em Em(x002) Cmaj7 Em

... eas - i - ly. Mmm... yeah oh. I bruise... eas - i - ly.

*Verse 2:*

I found your fingerprints on a glass of wine  
 Do you know you're leaving them all over this heart of mine too?  
 But if I never take this leap of faith I'll never know  
 So I'm learning to fall with no safety net to cushion the blow.